

# SUMMER TECHNICAL ASSISTANCE TRAINING

Wednesday, August 5<sup>th</sup>  
Kimball Jenkins Estate, Concord, NH

7:30-8:00	Registration, Refreshments & Networking
8:00-8:15	Welcome & Overview of the Day <i>Mary Steady</i>
8:15-10:15	Keynote Address :: A Parent's Lived Experience <i>Nelba Marquez-Greene and Dr. Jeremy Richman</i>
10:15-11:30	School Mental Health Overview & Resource Mapping <i>Nancy Lever and Kelly Wells</i>
11:30- 12:15	The Plan for Sustainability <i>Kelly Wells</i>
12:15-1:15	Lunch
1:30- 2:15	School Climate Measurement Tools <i>Meagan O'Malley</i>
2:15-3:00	Communication Dialogue <i>Patrick Cook</i>
3:00-3:45	Cultural Competence <i>Suganya Sockalingam</i>
3:45-4:00	Closing/Debrief



# MEET OUR PRESENTERS...

## NELBA MARQUEZ-GREENE



Nelba Marquez-Greene is a licensed Marriage and Family Therapist and Founder and Director of The Ana Grace Project of Klingberg Family Centers based in Connecticut. Ms. Marquez-Greene has deep knowledge and a long history of service in the area of mental health. She is a clinical fellow of the American Association of Marriage and Family Therapy and has worked in private practice, community mental health, and academic setting in the U.S. and Canada. Prior to founding the Ana Grace Project, Nelba served as the Coordinator for Kingberg Family Therapy Center's outpatient child and adolescent psychiatric clinic and was an adjunct faculty member at Central Connecticut State University.

Nelba holds a Bachelor of Music from the Hartt School and a Master of Arts in Marriage and Family Therapy from St. Joseph College. Nelba was the founding member of the Connecticut Association for Marriage and Family Therapy's (CTAMFT) Diversity Committee and has served on the CTAMFT Board of Directors. She received the 2004 Minority Fellowship Award by the American Association of Marriage and Family Therapy (AAMFT), the 2004 Distinguished Professional Service Award, and the 2013 Service to Families Award by the CTAMFT.

The Greene/Marquez-Greene Family had only moved to Sandy Hook, CT from Canada four months before the December 2012 shooting that took the life of their beloved daughter. Ana Grace was six years old.

## DR. JEREMY RICHMAN

Dr. Richman earned his Bachelor of Science degree in molecular and cellular biology with an emphasis on chemistry and physics from the University of Arizona, Tucson, AZ in 1992. He worked as a laboratory technician for two years in the lab of Dr. Henry Yamamura, studying the pharmacology of pain modulation and molecular pathologies of Alzheimer's disease. In 1994, Dr. Richman was accepted into the graduate program of Pharmacology and Toxicology at the University of Arizona where he earned a Ph.D. studying the distribution and functions of alpha2-adrenaline receptors in the laboratory of Dr. John Regan.

In January of 1998, Dr. Richman continued his research on the sympathetic nervous system in the laboratory of Dr. Lee Limbird at the Vanderbilt University Medical Center, Nashville, TN. Here, Dr. Richman focused on the sub-cellular distribution of the alpha2-adrenaline receptors as it pertained to micro-domain and synaptic formation. In January of 2001, Dr. Richman moved into drug discovery as a neuroscientist at Arena Pharmaceuticals, Inc, San Diego, CA with the hope of identifying therapeutic mechanisms to prevent schizophrenia, Alzheimer's, and Parkinson's disease. His drug discovery interests broadened over the next decade, leading projects in atherosclerosis and thrombosis, and eventually diabetes, metabolic syndrome, and obesity. In January of 2011, Dr. Richman took on a drug discovery leadership role at Boehringer Ingelheim in Danbury, CT exploring ways to prevent or cure a number of autoimmune and chronic diseases of the cardiovascular and metabolic systems.



Following the murder of his daughter, Avielle, Dr. Richman and his wife, Jennifer Hensel, started the Avielle Foundation. It is his belief that through brain health research and initiatives, we can protect our loved ones and foster happier and stronger communities.

## NANCY LEVER, PH.D.



Dr. Lever received her doctorate in clinical psychology from Temple University. She completed her psychology internship and a school mental health postdoctoral fellowship at the University of Maryland School of Medicine. In 1998 she joined the faculty of the Division of Child and Adolescent Psychiatry and currently is an Associate Professor. She worked directly in high schools providing expanded school mental health services for 10 years and is very active in program administration and supervision, as well as in helping to better connect research and clinical practice.

Within the Division, she has been a driving force in advancing graduate and professional training related to school mental health and has coordinated training experiences for psychology interns, psychiatry fellows, postdoctoral fellows and SMHP staff. She serves as the Associate Director of the VA/University of Maryland Psychology Internship Consortium. Dr. Lever is the Director of two school mental health programs in Baltimore City. She joined the Center for

School Mental Health (CSMH) in 1996 and for many years served as the Director of Training and Outreach. In July 2010, she was appointed the Co-Director of the CSMH.

Dr. Lever has a particular focus on training, outreach, dissemination, and resource advancement, especially as it relates to promoting high quality, evidence-based research, training, policy, and practice in school mental health. She oversees the content of the Annual Conference on Advancing School Mental Health, helps to facilitate the National Community of Practice on Collaborative School Behavioral Health, and represents the CSMH on local, state, and national committees. She has presented and written extensively about school mental health and is co-editor of the Handbook of School Mental Health.

## KELLY WELLS

Kelly Wells is a technical assistance (TA) specialist with AIR. She has worked with non-profit organizations and in the school setting for over 17 years in Illinois and South Carolina developing, implementing, and sustaining evidence-based programs in the school and community settings for students involved in truancy, juvenile justice, and child welfare.

Wells has also developed numerous community collaborations that focused on building capacity among all child-serving systems to address gang and violence prevention, mental health promotion, and juvenile justice reform. As a technical assistance provider, Wells has many years' experience in training and delivering technical assistance through a variety of modalities to provide an in-depth learning experience—face-to-face site visits and in-person meetings, webinars, teleconferences, peer-to-peer learning exchanges, World Cafes, and experiential workshops.

Prior to providing technical assistance to Safe Schools Healthy Students grantees, she was a project director for a Safe Schools Healthy Students grant. Ms. Wells has extensive experience in writing and managing grants, evaluating programs, implementing and sustaining substance abuse and mental health programs, using communications to raise public awareness and build community support, developing community partnerships, and building capacity with state agencies.





## MEAGAN O'MALLEY, PH.D.



Meagan O'Malley, PhD, Research Associate at WestEd, is a school psychologist specializing in mental health promotion and violence prevention among children, youth, and young adults. Through the design and implementation of direct site-level and cross-site technical assistance approaches, Dr. O'Malley assists youth-serving education, mental health, and juvenile justice agencies as they work collaboratively to solve complex challenges. Dr. O'Malley's scholarship on psychological wellbeing and school climate perceptions, particularly as they vary in vulnerable populations, such as youth in foster homes, and across sociocultural groups, has been published in several peer-reviewed outlets. Prior to beginning her work at WestEd, Dr. O'Malley served youth and their families as a school psychologist in California and New York.

## PATRICK COOK

Patrick Cook is the Communication Team Lead for the National Resource Center for Mental Health Promotion and Youth Violence Prevention. Patrick is also the assigned communication specialist for New Hampshire. Patrick is a communication and social marketing professional with more than 20 years of experience managing social marketing, strategic communication, and training and technical assistance (TTA) projects for government, nonprofit, and for-profit organizations. He is currently the TTA director in Social Marketing and Communication at FHI 360, providing leadership and technical direction to teams supporting the Centers for Disease Control and Prevention's Division of Community Health and the Office of the Director. Mr. Cook also leads communication and social marketing TTA for two youth violence prevention initiatives funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and CDC's Division of Violence Prevention at the Injury Center.



## SUGANYA SOCKLINGAM, PH.D.



Dr. Socklingam is a Founding Partner and the Managing Member of Change Matrix, LLC. She and her partners, support agencies address system building specifically in the areas of Diversity, Cultural Competence, Cross-Cultural Communication, Leadership for Managing Complex Change, Collaboration and Conflict Management, Bi-directional Integration of Primary Care and Behavioral Health, and a Public Health Approach to Mental Health. Change Matrix focuses on supporting individuals, organizations, and systems motivate, manage, and measure systems change.

Currently, Dr. Socklingam serves as a Cultural Competence and Collaboration Coach for the Now is the Time Project Aware Initiative, Cultural Competence Consultant for the Primary Care and Behavioral Health Care Integration Training and Technical Assistance Center, co-faculty of the Addressing Health Disparities Leadership Program sponsored by the National Council for Behavioral Health and Project Coordinator with the National Facilitation Center (Change Matrix, LLC) for the National Network on Eliminating Disparities in Behavioral Health (NNED).

Dr. Socklingam has co-authored two chapters in a leadership book, co-authored a Practice Paper for the Journal of the American Dietetic Association, co-developed several curricula for Cultural and Linguistic Competence in Service Delivery and Leadership and Change Management, and a Parenting Curriculum incorporating culturally appropriate parenting principles and strategies.

Dr. Socklingam earned her doctorate at Washington State University and has worked in many capacities in Public and Behavioral Health, both nationally and internationally, for over 20 years.